

Daily

SCHEDULE



TIME

AGENDA

8:00 - 9:00	Wake up, get dressed, eat breakfast, brush teeth
9:00 - 10:00	Morning walk around the neighbourhood or outdoor play
10:00 - 11:00	Academic time - educational worksheets
11:00 - 12:00	Creative time - crafts, baking, colouring, painting
12:00 - 12:30	Lunch time
12:30 - 1:30	Afternoon outdoor play
1:30 - 2:30	Academic time - educational worksheets
2:30 - 3:30	Quiet time - reading, playing with toys in room
3:30 - 4:00	Chores - tidy up bedroom/playroom
4:00 - 5:00	Electronics/Television - play games, learning apps, movie
5:00 - 6:00	Dinner time
6:00 - 9:00	Free time & get ready for bed (bath + pj's + bedtime snack + brush teeth)

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2:30 - 3:30

3:30 - 4:00

4:00 - 5:00

5:00 - 6:00

6:00 - 9:00